

Australian Goats Milk

Goats Milk hand & Body soap. Australian fresh goats milk from an award winning farm. The quality of the goats and richness of the grass and food provides the best quality fresh goats milk. This is transported from the farm to the Aussie Soap Direct manufacturing company in NSW.



Skin - Goats milk has many vitamins and other essential elements to help nourish skin. These include vitamins A, E, C, some of the B vitamins, amino and citric acids, unsaturated fatty acids and zinc.

Acne - Goats milk soap has the proteins of milk products. These proteins kill acne producing bacteria.

Moisturiser - Natural creams in goat's milk soap help keep moisture in skin better than commercial soaps. This is because the commercial brands are mainly chemicals.

pH Level - Goat's milk soap contains caprylic acid which makes the product a low pH level. This brings the pH closer to human skin and prevents dryness while allowing nutrients to enter the skin.

Irritation - Goat's milk soap benefits include the lack of alcohol, petroleum or preservatives. This helps reduce skin irritation and itchiness for people with sensitive skin psoriasis or eczema.



- A** 500mL Goats Milk Hand & Body Wash **Original**
- B** 500mL Goats Milk Hand & Body Wash with **Manuka Honey**
- C** 100g Goats Milk Soap **Manuka Honey**
- D** 100g Goats Milk Soap **Rose**
- E** 100g Goats Milk Soap **Lavender**
- F** 100g Goats Milk Soap **Original**



AUSTRALIAN
GOAT SOAP

Australian Made **GOATS MILK** Hand & Body Soap

pH
5.5



What is pH?

Why Goats Milk is closer to our skins pH

pH is a measurement of how acid or alkaline a solution is. Human skin produces a barrier on the skin's surface known as the acid mantle.

As the name suggests, this barrier is slightly acidic, and is designed to keep out bacteria, viruses, and other contaminants which can penetrate and harm the skin. The skin's acid mantle has a pH normally in the range of 5-6. Because of this slight acidity, one of the best ways to cleanse the skin is with Goat's Milk Soap. Most soap has a pH in the range of 9-10.

Goat milk actually 'feeds' the skin and permeates through the cell walls delivering calcium similar to patches applied to the skin. The pH of goat's milk is closer to skin's own natural pH which reduces the surface tension of skin, allowing it to absorb the moisturising effects of goat milk.

For most people, improvements in 'skin feel' are noticeable after a couple of days of using Our Goats Milk Hand and Body Soap, depending on how much damage the skin must repair first.

Representative pH Values

| Substance | pH |
|----------------|-------------|
| Battery Acid | 0.5 |
| Stomach Acid | 1.5 - 2.0 |
| Lemon Juice | 2.4 |
| Cola | 2.5 |
| Vinegar | 2.9 |
| Orange Juice | 3.5 |
| Beer | 4.5 |
| Acid Rain | < 5.0 |
| Coffee | 5.0 |
| Healthy Skin | 5.5 |
| Milk | 6.5 |
| Pure Water | 7.0 |
| Healthy Saliva | 6.5 - 7.4 |
| Blood | 7.34 - 7.45 |
| Sea Water | 8.0 |
| Hand Soap | 9.0 - 10.0 |
| Ammonia | 11.5 |
| Bleach | 12.5 |
| Caustic | 13.5 |



Goat or Cow's Milk. What is the difference?

Goat and cow's milk are nutritionally similar, though definitely not equal. The main difference is that goat's milk has smaller fat globules. Consequently, goat's milk may reduce the possibility of allergies, asthma and other ailments. Children who are allergic to cows milk often thrive on goat's milk.

Goat's milk also has a closer protein composition to human milk. This also helps to explain the low allergy rate.

On average, goats milk contains more calcium, vitamin B6, vitamin A, potassium, niacin, chloride, copper, phosphorous, manganese and selenium. Goats also are more finicky eaters than cows - meaning they eat a more varied diet, usually richer in minerals.

Goat's milk is one of the best sources of dietary fluorine, nearly ten times higher than cow's milk.

The nutrient composition of goat milk is very different than that of cow's milk. In addition to containing 13% more calcium than cow's milk, goat milk also has 25% more vitamin B-6, 47% more vitamin A, 134% more potassium and 350% more niacin. Goat milk is also higher in chloride, copper and manganese and contains 27% more of the essential nutrient selenium. Goat milk contains none of the controversial Bovine Growth Hormone (BGH).

Why Goats Milk soap better for your skin?

Goat milk soap is wonderful for people with dry or sensitive skin, or conditions such as eczema and psoriasis. It is also perfect for healthy skin that wants to stay that way. Unprocessed goat milk fresh from the farm contains many benefits.

Alpha Hydroxy Acids Goat milk contains alpha-hydroxy acids such as lactic acid which help remove dead skin cells from your skin's surface. This leaves new cells on the surface of your skin that are smoother and younger looking. Water-based soaps may use harsh chemical acids to accomplish this, frequently with skindamaging results.

Vitamins Goat milk contains many vitamins, but is particularly high in Vitamin A, which is necessary to repair damaged skin tissue, and maintain healthy skin. There have been several medical studies showing that creams made with Vitamin A reduce lines and wrinkles, control acne, and provide some psoriasis relief.

Cream Fat molecules are an important part of making good soap. The cream that is present in goat milk helps boost the moisturising quality of goat milk soaps. Since many people suffer from dry skin, particularly in the winter months, this is an important quality for soap. Goat milk soap will not dry your skin out like many other soaps.

Minerals Goat milk contains important minerals for the skin such as selenium. Selenium is believed by scientists to have an important role in preventing skin cancer. Selenium can also help prevent damage to the skin from excessive time in the sun.



Milk your skin with love!

